



ULKATCHO BAND COUNCIL RESOLUTION

BCR # 2024-74

DATE APPROVED AT COUNCIL MEETING: November 6, 2024

AGENCY DISTRICT:	B.C. REGION
PROVINCE:	BRITISH COLUMBIA
PLACE OF APPROVAL:	ANAHIM LAKE
QUORUM:	FOUR (4)

RE: Ulkatcho First Nation 2024-2027 Health and Wellness Evaluation Plan

Whereas: As part of the 2022-2027 Ulkatcho First Nation (UFN) Community Health & Wellness Plan, there is a First Nations Health Authority Agreement (FNHA) requirement to develop a knowledge and culturally-informed 3-5 year Health & Wellness Evaluation Plan, which will include a set of indicators that will measure ongoing health and wellness success and improvement. In response to this, the UFN Health & Wellness Department with the support of independent consultants, have developed the 2024-2027 Health & Wellness Evaluation Plan (attached to this BCR) to sit alongside the Health & Wellness Plan (attached). The development of this Evaluation Plan was initiated by UFN Chief and Council in October of 2023.

Whereas: At the July 16th, 2024, Chief and Council meeting, the Health and Wellness Department presented the draft Health & Wellness Evaluation Plan to members for preliminary approval which was subject to consideration of a final community validation activity being undertaken noting that community engagement throughout the process had been less than preferred. At this meeting, the Chief and Council agreed they were happy to approve the Health & Wellness Evaluation Plan, and its content, subject to a final community validation activity being undertaken as proposed and subsequent refinements being incorporated.

Whereas: The UFN Council Health Representative, Pamela Garner, Health Director, Engagement Coordinator, and independent consultants worked together to identify the upcoming UFN Annual General Meeting as a suitable opportunity to undertake a questionnaire with community members to seek validation and feedback on the Health & Wellness Evaluation Plan. This was organized and undertaken on October 22nd, 2024, and 31 community members participated in the questionnaire. Key feedback received included:

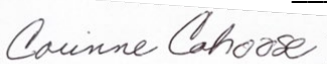
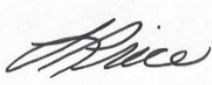

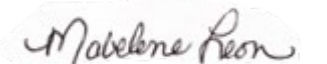

- Evaluation principles needed to prioritize confidentiality and privacy, equality for all with no preferential treatment, respect for Ulkatcho cultural heritage and values, ensuring staff do what they are meant to (follow-through), and improved communications and follow up with community members
- The best ways to engage with the community as part of undertaking evaluations is through surveys, community events and meetings, face to face and sharing circles, over phone, and door knocking
- Priorities for the community's health and wellness included mental health support, cultural supports, smoke houses for food storage, building gardens in community members' homes, youth activities, greater Elder care and support, acupuncture and massage, fitness classes, additional Doctors and Nurses in the Clinic, dental and pharmacy services, greater transport and accommodation support outside of standard business hours when travelling to hospitals and other medical facilities, and public health education (on healthy living, nutrition, etc.) and free vitamins
- Priorities to improve the service the community received included greater accountability of staff to delivering what they are contracted/paid to, mandatory confidentiality and privacy training for staff, improved conflict of interest policies and processes, improving communications with community members (e.g. answering the phone, calling people back), encouraging trauma-informed care training for all staff, and teaching the history and way of life in Ulkatcho to all staff.

Whereas: Following the community validation activity, all feedback received that was not already covered within the Health & Wellness Evaluation Plan was incorporated into the relevant sections of an updated version (see attached). As such, and according with Chief and Council's direction at their July 2024 meeting, the attached updated Health & Wellness Evaluation Plan has now been finalized and is presented at this November 2024 Chief and Council meeting.

THEREFORE, BE IT RESOLVED THAT:

1. Effective immediately, the attached UFN 2024-2027 Health & Wellness Evaluation Plan is **noted and acknowledged** by Chief and Council as finalized;

2. The finalized Health & Wellness Evaluation Plan is made available to the community; and
3. The UFN Health & Wellness Department will begin taking action to address the nine (9) key recommendations within the Health & Wellness Evaluation Plan, noting many recommendations are being addressed through work that was already underway:
 - a. Expanding support for mental health and addictions;
 - b. Expanding cultural activities and support;
 - c. Expanding community activities and events;
 - d. Prioritizing the completed development of a Wellness Centre and gym;
 - e. Enabling more Ulkatcho members to access Doctor appointments;
 - f. Implementing education workshops on healthy living for Ulkatcho members (adults and youth);
 - g. Expanding staff capacity to support increased and new services delivered to the community;
 - h. Reviewing, updating and enforcing Health & Wellness planning, policies and procedures, particularly the privacy and confidentiality, conflict of interest, and client communications policies and procedures; and,
 - i. Reviewing the governance and management structures for Ulkatcho Health & Wellness and considering a new model.
4. Finally, UFN Chief and Council support the UFN and First Nations Summit contribution agreement for UFN Health and Wellness Clinic to be a BC First Nations Regional Data Project “data demonstration project” to support implementing the evaluation plan. The project will be managed (budget, work planning and reporting) by a term Strategic Data Lead at the UFN Health and Wellness Department.

 <hr style="width: 80%; margin: 0 auto;"/> <p>Councillor Corinne Cahoose</p>	 <hr style="width: 80%; margin: 0 auto;"/> <p>Chief Lynda Price</p>	 <hr style="width: 80%; margin: 0 auto;"/> <p>Councillor Nelson Williams Jr.</p>
 <hr style="width: 80%; margin: 0 auto;"/> <p>Councillor Mabelene Leon</p>	 <hr style="width: 80%; margin: 0 auto;"/> <p>Councillor Pamela Garner</p>	<hr style="width: 80%; margin: 0 auto;"/> <p>Councillor Anthony Sims</p>